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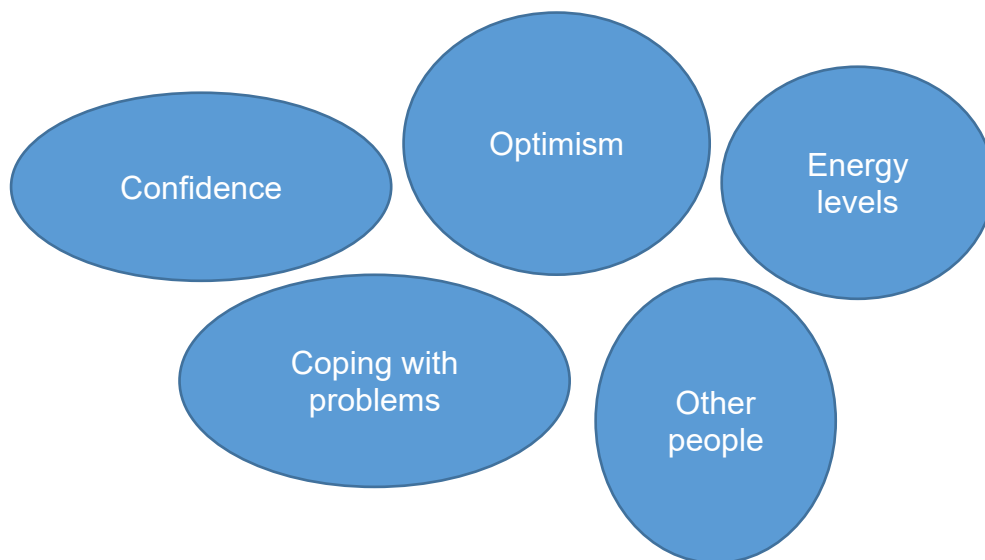
MENTAL WELLBEING SURVEY 2026

Pupil guide to taking part

WHAT IS IT?

We are inviting everyone in S1 to S6 in Renfrewshire schools to take part. We want to hear about your mental wellbeing and how you are feeling. You will be invited to complete a short questionnaire during class time on a Microsoft Form. You may remember answering the same questions last year.

WE WILL ASK YOU ABOUT YOUR FEELINGS RELATED TO:



WHAT WILL HAPPEN?

Your teacher will ask you to answer some questions on a computer, laptop or tablet on your own. You will then need to choose the answer that best fits how you feel. This will take about 10-15 minutes.

DO I HAVE TO TAKE PART?

No. It would be great to hear your views but you don't have to take part. If you don't want to, just tell your parents/carers or your teacher.

WHAT HAPPENS TO MY ANSWERS?

Renfrewshire Council will collect answers from every S1 to S6 child or young person who takes part. You will not be asked to provide your name. Renfrewshire Council will not tell anybody your answers, not your teacher or your family. Of course, it's up to you if you want to talk to other people about your answers.

A small team of Renfrewshire Council staff will then look at everybody's answers together. This is so we can understand how young people of your age are feeling. We will also look at other information about you, such as the area you live, your ethnic background, whether you get extra help at school, etc.

CONFIDENTIALITY AND DATA SECURITY

The answers you provide will be treated in accordance with data protection law and used for statistics and research purposes only. Your individual level data will not be shared with anyone in your school. Only overall school figures will be provided to your teachers, and no information that could identify you will be included. When reports using the data are published, care is taken to ensure that no information which could identify you is included.

Renfrewshire Council has a legal basis to process data provided by you in relation to the survey. So this means that if you choose to take part, Renfrewshire Council does not need your consent to process the information provided. This is because the Council is carrying out the survey as part of its performance of a task in the public interest. You will not be asked to provide your name. Of course, it's up to you if you want to talk to other people about your answers.

WHO IS ASKING THE QUESTIONS?

We at Renfrewshire Council (as your local authority) are asking you these questions so that we can plan for, and improve, the children's services needed in your local area, based on what you and other young people say in this survey.

SUPPORT AND ADVICE

If you need support or advice on any of the questions asked in the survey, then please speak to an adult in your school. There are lots of supports available to you.

QUESTIONS?

If you have any questions, please talk to your parents/carers and teachers at school.